

Spring Strawberry Salad

Ingredients

1 x 250g Fresh Strawberries Punnet, (halved)

Spudshed Supafresh Baby Spinach

1 x Avocado, (sliced)

Pendleton Olive Estate 100% Australian Extra Virgin Olive Oil, 2 tbsp

½ Lemon, (juiced)

G-Fresh Sea Salt, (to season)

Meredith Dairy Goat Cheese, 50g (crumbled)

JC's Quality Foods Black Chia Seeds, 1 tsp

WA Bulk Foods Natural Walnuts, 40g

Method

Step 1

Wash all the fresh ingredients and cut the strawberries into halves (or quarters) depending on the size. Slice the avocado into similar size pieces.

Step 2

Add the spinach, avocado, olive oil, lemon juice & sea salt into a bowl. Toss to combine.

Step 3

Place the strawberries on top of the salad. Crumble over the goat cheese, sprinkle over the chia seeds & add on the walnuts. ***Enjoy!***



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Pic for illustration purposes only. Recipe may vary in appearance to pic.